

Coates Way School



Physical Education Policy

Policy Number: 45

Autumn 2020

Intent

At Coates Way School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

Aims

It is our aim at Coates Way School to develop and encourage:

- Competence to excel in a broad range of physical activities
- Children to be physically active for sustained periods of time
- Engagement in competitive sports and activities
- Use sport to build pupils self-confidence and self-esteem.

Implementation

The curriculum for PE covers a wide spectrum of activities for the children to experience over the course of their school journey, such as Dance, Fitness, Gymnastics and Football. Some residential school trips also have a high amount of physical activities involved. The local area is used for certain sports events, i.e. the local sports centre is used for swimming, facilities at nearby secondary schools are utilised. This allows pupils to experience competing in such venues, which in turn has encouraged a number of children to join sports clubs.

Impact

The impact of the curriculum is monitored in several different ways to ensure that pupils all have access to an engaging, active PE curriculum. Pupil opinions, assessment outcomes and progression, planning, discussions with teachers and management, plus lesson observations, where possible, are used to inform the quality of learning and understanding that pupils have gained.

The aim is for pupils to understand the importance of physical activity throughout their lives.

Responsibility for PE at Coates Way Primary School

The P.E. subject leader has overall responsibility for everything relating to PE, Physical Activity and the development, monitoring and review of the provision of PE and Physical Activity.

The P.E. Subject Leader will consult with the Head Teacher on PE matters and provision and the Head Teacher will oversee all things relating to PE and Coates Way Primary School.

Staff who teach or support in PE should be aware of the Policy and consider how they can support it and staff who provide PE and physical activity should ensure that safe and effective procedures are adopted in all physical activities at all times.

External Providers

To increase opportunities and inspire children to be active, we regularly source outside providers to deliver activities which would not normally be covered in curriculum time. All visitors are expected to work within the framework of this policy.

All visitors/coaches are expected to have an up to date DBS and provide this with photographic I.D (passport/driving licence) on arrival for their session.

This policy should be made available to visitors if reasonably practicable.

Health and Safety

We recognise that participation in PE and physical activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have special needs with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective. Our School provides a PE kit for all children and does not discriminate based on gender, race, disability, sexual orientation or belief.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics,
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- School shoes are not permitted to be worn for PE

Staff teaching PE should wear the PE kit provided by School and also consider their own and their pupils' safety with regard to their own additional personal clothing, footwear and jewellery when involved in the teaching of any sporting activity.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

PE and School Sports Premium Funding

PE and School Sports Premium funding is used in a number of areas relating to PE and sport at Coates Way Primary School. A breakdown of the funding can be viewed on the School website.

Curriculum

P.E.

All children are taught by a qualified teacher. Children from Years 1 to Year 6 have at least one, one hour lesson of PE a week during curriculum time. Reception and nursery have two 20-30 minute slots each week. In addition to this, a further two Classes having a swimming lesson once a week for a whole term.

The curriculum at Coates Way Primary School covers the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document. Pupils develop physical skills, knowledge and understanding as well as learn about fitness, cooperation and fair play. Pupils' are assessed by class teachers to ensure progress is made and end of key stage expectations are met by all children. Children are assessed termly by the PE subject leader with a final result at the end of the Year.

Activities taught at Coates Way Primary

- Games
- Dance
- Gymnastics
- Fundamental Movement Skills
- Games (Football, Netball, Cricket, Basketball, Tennis, Bench Ball, Hockey)
- Outdoor and Adventurous Activities – currently covered during the PGL residential trip (the school site has been mapped for Orienteering)
- Athletics
- Health Related Fitness

Assessment & Recording

Assessment is carried out by the PE subject leader. Children will be levelled as either working towards, expected or greater depth, in accordance with Age Related Expectations as per the Assessment Procedures for the curriculum areas covered. Swimming will be assessed by the swimming instructors at Woodside Sports Centre. The PE subject leader will be responsible for publishing Swimming data on the School Website, as per National Guidance.

Participation in PE

We aim for full participation in every PE lesson and aim to do this by:

- Providing PE kit for all children
- A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
- Our curriculum takes into consideration the range of pupils' needs to ensure continuity and progression in learning is provided and PE lessons will be suitably differentiated in order to support and challenge pupils.

- Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative, or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
- Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Students should change into suitable footwear. Parental notes should be received if a child is excluded for any short or long term health reason.

Facilities available for physical activity

On-site facilities include (*school to include*) e.g.:

- Hall – climbing frames, gymnastics mats, balance benches.
- Playgrounds (KS1 and KS2 separate playgrounds) – to be used during the day for play times, lunch times and PE, both in and out of school hours
- Woodside Sports Centre for all swimming lessons
- Outside gym
- Tyre Park
- Outside adventure trails
- All weather sports pitch

Clothing to be worn during physical activity (before, during and after school)

We ask that all pupils change for PE and wear the PE kit provided by School that includes:

- *White t-shirt (long sleeve tops are permitted to be worn underneath and encouraged during winter months)*
- *Black shorts (leggings underneath are permitted)*
- *Trainers or black PE pumps*
- *School shoes are not permitted to be worn*

Coates Way green school sweatshirts can be worn on top of the t-shirt during autumn/winter months

We will always endeavour to provide spare kit for pupils cannot access their own designated school PE kit, to ensure that children do not miss PE lessons

<h3>Physical activity outside of the curriculum</h3>

In addition to PE, there are a range of opportunities for physical activity throughout the school day.

Extra-curricular activities and clubs

A range of after school clubs are available to pupils which are provided free of charge by the PE teacher. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities.

Active playtimes

We have zoned areas in the playground to promote different types of physical activity and relevant equipment is provided to engage pupils. School staff also offer different activities at lunchtimes, such as Football and skipping.

Sports Day

We organise an annual multi-sport circuit Sports Day type event at the end of the summer term, which this year we will evaluate to see if a more traditional type of Sports Day may be more suitable for our children. Parents and carers are actively involved to attend and support their children. We have a wide range of sporting activities on the day to encourage participation and success for all children.

Involving parents and carers

We recognize the important part parents and carers play in encouraging children to participate in physical activity. Information about PE, physical activities and sporting competitions organised by the school and opportunities after school, are shared with parents/carers by means of specific PE letters from the PE subject leader and through the School newsletter. Information about all areas relating to PE can also be found on the School website.

Monitoring and evaluation of physical activity

The PE subject leader or member of SLT with responsibility for Monitoring is responsible for the overall monitoring of the quality of PE and physical activity provision.

We monitor PE in the curriculum through subject reviews and self-evaluation in order to provide an accurate perspective on how it is being delivered and how it can be further improved.

Physical Education is monitored and evaluated through:

- Lesson observations
- Monitoring of lesson planning
- Monitoring of equipment
- Pupils Assessment data
- Feedback from staff
- Children questionnaires
- Pupil records of participation, focusing on different groups
- Feedback from pupils/school council about PE and general physical activity
- Pupil attendance and achievement in sporting competitions
- Attendance at after school sports clubs

When external providers are used to deliver physical activity, the PE Lead will observe to ensure that high quality lessons are delivered and assessed consistently.

Equal opportunities and inclusion

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

Pupils who do not participate in physical activity on a regular and consistent basis will be parent or carer.

Training and support for staff

We ensure relevant staff access high quality professional development annually on PE and physical activity to keep them updated on key related issues and ensure they are confident to teach the full breadth of the curriculum. We participate in training and projects run by the LA and other organisations.

Dissemination of the policy

The policy is available to parents and carers and pupils via the school website. Parents and carers and pupils new to the school may be given a summary on request and there is a copy in the school reception area. The full policy is available to parents and carers and pupils on request.

Copies of the full policy are in the staff handbook, the Governors' handbook and Policy reference file, in the school office.

Review date: Autumn 2022